

**ALL INDIA INSTITUTE OF MEDICAL SCIENCES, BHOPAL
ISN-SRC, DEPARTMENT OF PEDIATRICS
WORLD KIDNEY DAY CELEBRATION 2020**

(13th March 2020 to 17th March 2020)

“WORLD KIDNEY DAY 2020” on March 2020 celebrated with full enthusiasm and participation from entire department of paediatrics from 13th to 17th March

World kidney day comes back every year, in this year we began our celebration with kidney disease screening in a school of differentially abled children: Arushi, which reinforces this year theme of “ kidney health for everyone everywhere-from prevention to detection and equitable access to care”. Screening programme was done with help of resident doctors and nursing staff of department of Pediatrics. Around 370 participants were screened for blood pressure and urinary abnormalities with dipstick along with a full health check-up.

We also conducted interesting session of quiz competition on 13th for nursing staff working in the department in which 20 nursing staff participated and best three were awarded. Similarly, a quiz for resident doctors (postgraduates and senior residents) was conducted in the department in which a total of 22 residents participated and top three were given awards.

On 14th March 2020, awareness skit in OPD area on " Myths and facts in kidney diseases" was performed by nursing students and staff of Pediatric department for both parents and children (around 40 to 45) visiting hospital was an outstanding performance to educate the public. The main theme of the awareness skit was about early identification of symptoms, timely visit to a specialist, adherence to the

treatment ordered by physician and summarizing eight golden rules, to conclude the skit.

The second programme in the OPD was health awareness talk by Dr Vishal (Senior Resident) about kidney health in children. Dr Vishal highlighted about World kidney day and discussed about common renal diseases in children. In this interactive talk, many queries raised by the parents were addressed by the faculty members present in OPD area (Dr Girish C Bhatt, Dr Shikha, Dr Amber, Dr Bhupeshwari, Dr Narendra, Dr Bhavna).

Lecture on "Healthy diet" by dietician in OPD area for both parents and children visiting hospital by Ms. Shewta gupta (dietician in the department) about healthy food habits in the children.

The next programme was for kid with kidney disease who are being followed up in Pediatric Nephrology clinic. A welcome speech was given by Prof Shikha Malik(Head, department of Pediatrics), followed by pediatric nephrology services in the department by Dr Girish Bhatt. A lot of fun activities were organized in the department for these children such as painting competition, singing competition, dance competitions, slogan competitions. There was amazing performance by those little shining stars of the day. Parents of those children share their experience during this journey with us. Vote of thanks was given by Dr Bhavna Dhingra, with special emphasis on the support by IPNA and ISN-Sister renal centre programme.

Talk on " Nutrition in CKD and AKI in children" by Dr Amita was eye opener in many aspects regarding dietary management in children with kidney diseases. It was attended by all faculty members, senior residents, postgraduates and dietician of the

Institute. She nicely covered the nutrition management in kidney disease and also desired to have handbook on diet in chronic kidney disease in children.

The programme went in to a big success only because of immense trust and support from the patients and their family.

On 16th March 2020, a quiz programme was organized for 6th Semester of undergraduate medical students of the Institute. A total of 50 students participated in the quiz programme which was conducted by online forum kahoot.it. The first three winners were given certificate of merit along with an award. The quiz was followed by an awareness lecture on “Childhood hypertension”.

On 17th March, another quiz was conducted for the 8th semester students (final year) in which 70 students participated with full enthusiasm and three best performers were given award and certificate of merit.

The department would take this opportunity to thank IPNA for funding this successful programme.

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